

**PERSONAL DETAILS (Block Capitals)**

Surname:	First name:	DOB:
Home address:		
		Postcode:
Telephone number (Home):	Telephone number (Mobile):	
E-mail Address:		
Emergency contact name:	Relationship to youth:	
Emergency contact telephone number:		
How did you hear about Central YMCA?		

**PHYSICAL ACTIVITY READINESS QUESTIONNAIRE – Please read carefully**

If you tick any of the 'yes' boxes below, you will be referred to a qualified member of staff for further investigation before you are able to use the facilities. You may also be required to provide a doctor's consent letter that must be signed and returned before access to the Club facilities can be granted. Please tick the relevant boxes:

	YES	NO
1. Has your doctor said that you have a heart condition and recommended only medical supervised activity?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you have chest pain brought on by physical activity?	<input type="checkbox"/>	<input type="checkbox"/>
5. Have you developed any medical condition, or received any treatment in the last 12 months that has impacted on your ability to exercise?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you tend to lose consciousness or fall over as a result of dizziness?	<input type="checkbox"/>	<input type="checkbox"/>
9. Have you had more than one trip or fall in the last 6 months?	<input type="checkbox"/>	<input type="checkbox"/>

	YES	NO
2. Have you developed chest pain in the past month?	<input type="checkbox"/>	<input type="checkbox"/>
4. Has a doctor recommended medication for your blood pressure or a heart condition?	<input type="checkbox"/>	<input type="checkbox"/>
6. Do you know through your own experience, doctor's advice, or any other physical reason why you should not exercise without medical supervision?	<input type="checkbox"/>	<input type="checkbox"/>
8. Do you have a bone or joint problem that could be aggravated by the proposed physical activity?	<input type="checkbox"/>	<input type="checkbox"/>
<b>Give details:</b>		

**YOUTH MEMBER DECLARATION:**

I apply to become a member of the Central YMCA Club named above and to make payment as stated.

I have read and agree to the Data Protection Notice that forms part of the terms overleaf

By signing this agreement, I confirm that I have read, understood and agree to the terms of the Health Commitment Statement, which is visible at Club reception at all times

I have read this agreement and by signing this document I accept and agree to the terms and conditions on both sides.

What is your preferred method of contact so that we can contact you regarding any changes to your membership, or to let you know what is happening at the Club? I would like to be contacted via: Email  SMS  Post  Please do not contact me

Signature of member:

Signature of staff:

Date of signature:

**PARENT/ GUARDIAN CONSENT MEDICAL CONSENT 12-15s.** Please sign to give consent to the following points:

I consent to the above named person receiving first aid or emergency medical treatment as necessary

I consent to the above named person becoming a Y Active Youth Member of the Club and agreeing to abide by the rules of the gym. I understand that the YMCA staff will provide my child with a full induction of the facilities at Central YMCA before they can use the equipment and have taken every reasonable precaution to ensure that they fully understand what equipment they can use and how to operate it

Should they choose to misuse the equipment or behave in an unacceptable way, their membership could be withdraw with immediate effect

I acknowledge that the above named person will be exercising independently and will not always be supervised

Parent/ Guardian name: \_\_\_\_\_ Signature: \_\_\_\_\_

These terms and those overleaf govern the relationship between you and us, Central YMCA (trading as Central YMCA Club, hereafter referred to as 'the Club'), for the provision of fitness club services to you, your use of these services at the Club which you have joined and the terms of payment.

### 1. ACCEPTANCE AS A MEMBER

We have an absolute discretion over whether to enter into this contract and to accept your application for membership of the Club. If your application for membership is accepted, membership of the Club will start on the date stated on the front of this form and will continue for 12 months. On acceptance, you will be issued with a membership card personal to you. Entry to the Club is gained only on presentation of a valid membership card and if a card is lost a replacement will be made on receipt of a fee to cover our administrative cost.

This contract constitutes the entire agreement and understanding between the parties with respect to its subject matter and replaces and supersedes all prior oral and written agreements, understandings, representations and correspondence regarding such subject matter.

### 2. MEMBERSHIP

a) You must be at least 16 years old to sign up to this contract. Parent or guardian consent will be required if you are aged 13-15.

(b) Youth membership do not allow you to use all of the Club's services and facilities. You will only be granted entry to the Club after attending an induction.

(c) As a member you agree to comply with the rules of membership which are displayed prominently in the Club and relate to use of the facilities and your conduct. We may (unless stated elsewhere in this agreement) make reasonable changes to these rules at any time provided we give you advance notice of the changes.

### 3. MEMBERSHIP FEES AND RENEWAL POLICY

(a) YActive Youth annual membership joining fees are payable upfront in full and are non-refundable.

(b) In order to gain access to the Club, Youth Members will pay the entry fee at Club reception every time they want to attend the gym.

(c) You can renew your Youth Membership annually but it will cease automatically, regardless expiry date, when you turn 18 years old.

### 4. TERMINATION OF MEMBERSHIP

Your membership will continue for the length of your package until its expiry date or terminated by us within that period in accordance with the following clauses.

(a) We may end this contract at any time and without notice:

I. If you commit a serious or repeated breach of this contract or the Club's rules of membership.

II. If you provide us with details which are false when applying for membership and the false declaration would have reasonably affected our decision to grant you membership.

(b) You may also end this contract if:

I. We significantly and permanently reduce the facilities or opening hours of the Club.

II. We close the Club for refurbishment for a period of more than four weeks at a time.

We will use our reasonable endeavours to give you at least 45 days' notice of the changes (either in writing or by prominently displaying a sign in the Club) and, if you wish to end your membership due to the reason above, you have 14 days from the commencement of the events stated in clauses 4(g) I and 4(g) II to give 30 days' notice in writing to the Club Director (advisable to send via registered post or email). If we end your membership, or you end your membership in accordance with clause 4(e) it is your responsibility to cancel your direct debit arrangements upon completion of the 30 days' notice period. We will refund to you any part of your membership fee already paid for the period since such change was in force.

(c) Your membership will be cancelled automatically once you turn 18 years old.

(d) Once membership has ended, you will no longer be entitled to use the Club. You must return your membership card and should you attempt to use the Club, access will be refused.

### 5. ASSIGNMENT

Membership of the Club is personal to you and you must not loan your membership card to anyone or permit it to be used by anyone other than you. The breach of this clause incurs the summary cancellation of your membership and you will not be entitled to any refund.

### 6. OPENING HOURS AND FACILITIES

Details of the Club's current opening hours and facilities are displayed on the Club website. We may sometimes need to change opening hours or facilities available. If we need to do this we will, where reasonably possible, display notices in the Club notifying you of the change at least one week beforehand.

In order to maintain the quality of the fixtures and fittings of the swimming pool area, it is necessary for us to close the pool for up to two weeks per year. Please note that membership of the Club is not limited to one area or facility only and therefore no cancellation of this contract or refund will be due as a result of this closure. The Club will also be closed all day on Christmas Day, Boxing Day, New Year's Day, Good Friday and Easter Sunday and will close early for the staff Christmas event for which no refund will be due.

### 7. GENERAL

(a) It may happen that, through circumstances beyond our control, we will be unable to provide our full range of services. This may be, for example, because of temporary closure of our premises due to fire or flood damage. We will do all we can to restore our services as soon as possible. If the suspension of services amounts to a significant breach (min. five days) of our obligations to provide you with services you may end this contract in accordance with Session 4. If the suspension does not amount to a significant breach of our obligations we regret that we cannot give you any refund or add time back onto the end of your membership.

(b) Please note that in addition to the annual membership stated on this application form, the Club facilities are available for use by: weekly members; day members; residents of the St. Giles Hotel; YMCA Fit students; and other groups as determined by the Club Director.

(d) The use of cameras/camera phones/video cameras is strictly prohibited on the premises without prior written permission from the Club Director.

#### Data Protection Notice

We take the privacy of our members seriously. This statement explains the ways in which we use your personal information. If you have any requests concerning your personal information or any queries with regard to our processing please contact us on 020 7343 1700.

Information Collected: We collect personal information from you through the membership form and your use of our facilities. The information we collect may relate to your physical health or condition.

Use of information: We use your personal information for the purposes of providing and personalizing our membership services and providing you with information about products and services offered by us or our business partners and third parties. Please tick the relevant boxes on the front of this contract to state how you would like to receive information about our products and services.